

# Seminar at Champion Equine Rehab & Training Centre

**With Sandra Donnelly**

**(403) 990-8697**

Join us for a wine and cheese with one of Canada's top 3 day Eventers

**Please join us from  
12 to 4 pm April 16th,  
2011 to meet Sandra  
Donnelly and hear her  
discuss her strategy for  
keeping her athletes fit  
for competition.**

Sandra Donnelly was a member of the Silver Medal Team at the 2007 Pan-American Games in Brazil and best placed Canadian at the 2008 Olympic games in China. Her current home base is Alborak Stable west of Calgary.



Champion's trained staff will be on hand to answer your questions on what it takes to ensure your athlete is fit to compete at international levels and excel in their current level. See amazing before and after pictures, learn more about the physiology of your athlete and work with the staff to customize your fitness plan.

12 pm "Keeping your athlete fit for competition" Sandra Donnelly

1pm "Customizing your training program" Paul Roy, BSc Physiology, BN ,Former RN and Owner of Champion Equine Rehab & Training Centre

2pm Demonstrations and Discussions

Please visit our website;

[championequinerehab.com](http://championequinerehab.com) for directions and more information on our services

Space is limited, please RSVP to [championequine@hotmail.ca](mailto:championequine@hotmail.ca)